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UHCL FAMILY WEEKEND

Teams handle the heat at the annual UHCL Chili Cook-off



UHCL hosted its 30th Annual Chili Cook-off Saturday, April 6, 2019, from noon to 4 p.m. outside the Campus Recreation Center. Hosted by the Office of Student Life, this annual tradition put a little spice in the semester with its cooking teams, activities, games and mascot Hunter the Hawk's birthday celebration.

[Read Article](#)

[VIDEO: Chili comes to UHCL's 30th annual tradition](#)

[REVIEW: Bayou Theater transforms into a 'world of pure imagination'](#)

[QUIZ: Which 'Willy Wonka' character are you?](#)

OPINIONS

COLUMN: Joining the military provided a sense of purpose, agency post-9/11

COMMENTARY: Service women's health issues rise as military population grows



That morning in September changed everything for a lot of people. For me, it was the final and undeniable push needed to make the choice to join the Air Force. I remember watching in silence from thousands of miles and a timezone away as thousands of people died on my television. [Read Article](#)



As women are integrating into the military at an increased rate, there is a need to readdress women's health education and services with the military. [Read Article](#)

LIFE AND ARTS

UHCL alumna and current student team up for 'Art of Faith' exhibit



The "Art of Faith" exhibit is a combination of art pieces that were inspired by the artists' Christian faith. The art will be displayed until May 15, 2019, in the Artist Project Space located in the Arbor North Building. An opening reception with the artists will take place Friday, April 19, from noon to 2 p.m. [Read Article](#)

[CAB hosts open discussion about consent](#)

National Autism Month shifts focus from awareness to acceptance

Autism Awareness Month has been recognized since 1970 every April, with April 2 being national Autism Day. Autism spectrum disorder refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication. [Read Article](#)

[INFOGRAPHIC: Notable people on the autism spectrum](#)



MULTIMEDIA

INFOGRAPHIC: Learn the what, where and how much of caffeine



Most people who consume caffeine on a daily basis might not know exactly what caffeine is or what some of the side effects that come with it. Check out the infographic to learn more about the what, where and how much of caffeine. [See Graphic](#)

STORY: Recap of the ITC Plant fire

On Sunday, March 17, 2019, at approximately 10:30 a.m., a fire started at the Intercontinental Terminals Company (ITC) in Deer Park, TX. The initial fire started with two chemical tanks but spread to an additional five tanks by Monday. [Read Story](#)

[TIMELINE: Looking into the history of Easter](#)

[INFOGRAPHIC: Raising awareness for ethical fashion](#)



GALLERY: Urban Music Festival 2019

Urban Music Festival returned to Austin's Auditorium Shores March 29 - March 30, 2019. Artists Blackstreet and Stokely headlined this annual two-day festival. [See Gallery](#)

PODCASTS

Presence of aliens in pop culture



Signal Insight, a podcast produced by The Signal, features a panel of students providing deeper insight on topics within popular culture. This episode features a discussion of aliens in movies, music and television programs. [Listen Here](#)

Disney + Fox Merger, Cardi B dilemma and The Signal's Movie League

On this episode of the Signal PopCast, producers Katherine Rodriguez and Alyssa Shotwell talk about various topics including the Disney + Fox Merger. [Listen Here](#)

