University of Houston Clear Lake

Updated 8/10/21

COVID-19 Protocol for Students

For Exposures, Symptoms, Positive Cases and Return to Campus Requests

If a UHCL student should develop symptoms, or be exposed within 6 feet for 15 minutes or more of a positive COVID-19 person, it is recommended that they stay home, or go home immediately. Also, they should submit an online notification form within 24 hours, quarantine, isolate and test as appropriate, and comply with contact tracing so that any additional potentially affected persons may be contacted as well for quarantine and monitoring.

Reporting links are on the Coronavirus (COVID-19) Updates page (top yellow bar of UHCL.edu):

- **Report of Exposure** – if you have had close contact (within 6 feet for at least 15 minutes, with or without a mask) to someone who been confirmed COVID-19 positive.
- **Report of Diagnosis/Symptoms** – if you have developed symptoms of COVID-19 or have tested positive for COVID-19.
- Before you come back to campus, fill out the **Request to Return to Campus** after quarantine or isolation

Protocol:

- It is recommended that all students wear face coverings, practice frequent hand washing, sanitizing, and social distance when possible.
- Self-screen daily for possible signs and symptoms of COVID-19. If any appear, it is recommended that students do not go to campus. If any appear while on campus, it is recommended that students go home immediately.
- Complete the online Exposure or Diagnosis notification form within 24 hours.
- Do not send an email notification with any personal or medical information. The online form is secure.
- A UHCL Health Services Representative will get in touch with you to review and provide next steps.
- Locations and persons around campus starting two days prior to symptoms will be needed. We recommend keeping an activity log accessible for this purpose.
- It is recommended to test at the end of 14-day quarantine period due to asymptomatic persons.
- It is not recommended to test right after being exposed to someone with COVID-19, as testing too early can give a false negative.
- You are responsible for communicating updates with UHCL Health Services.
- Those wishing guidance with the Counseling Center may contact and continue follow-up with the Counseling Center.
- Conditions and approval for return to campus must be followed to ensure slow of the spread of the virus.

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Why report within 24 hours?

- To protect yourself, and others by providing timely notification so that they may be notified to quarantine, and prevent entry into areas that need disinfected.
- If you wait to report, you could unknowingly spread coronavirus.

Return to Campus Clearance:

- Submit the **Request to Return to Campus Form** online. Do not just come back to campus.
- UHCL Health Services approve students to return to campus.
- Exposure approval to return is a 14-day quarantine period without development of signs or symptoms.
- Those developing symptoms should get tested for COVID-19.
- Positive cases are approved to return to campus after it has been at least 10 day since onset of symptoms, fever-free without the use of fever-reducing medications for three days and an improvement in signs or symptoms. A negative test result, and/or a physician's clearance may be requested.