



uhcl
THE SIGNAL

THIS WEEK IN NEWS

NEWS FOR THE WEEKS OF NOV. 1 - 7, 2018

NEWS

Low Carb Conference hosted at UHCL features research, speakers and celebrity chef



The first Low Carb Houston Conference was held Oct. 25 at the University of Houston-Clear Lake with 22 speakers coming together to discuss their research and results while using the low carb diet. [Read Article](#)

UHCL community to walk in support of American Heart Association

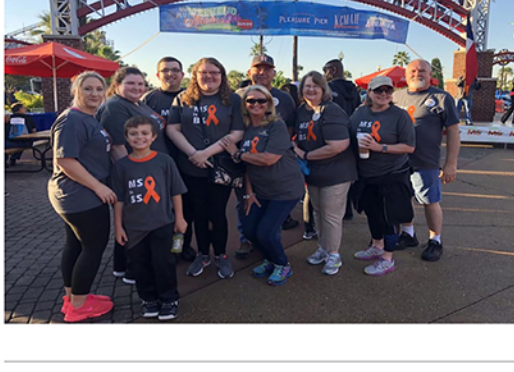
On Saturday, Nov. 10, the UHCL family will join hundreds of local individuals and companies for the 2018 Bay Area Heart Walk to raise money for critical research, programs and services necessary to improve the lives of Bay Area Houston community members. [Read Article](#)

Three-year grant funds to provide mental health training seminars to the community

UHCL was awarded a three-year \$375,000 grant from the Substance Abuse and Mental Health Administration to provide training for faculty and staff to learn the signs of substance abuse or mental health issues such as depression, eating disorders and even suicidal thoughts. [Read Article](#)

FEATURES

Q&A: Jessica Pruitt continues education after Multiple Sclerosis diagnosis



Jessica Pruitt, a 23-year-old UHCL accounting major, had to put her education on hold three years ago when she was diagnosed with Multiple Sclerosis (MS). The damage caused by the disease affected her sense of balance and crippled Jessica's walking, and the medicine compromised her immune system. [Read Article](#)

UHCL alumna shares story of father's World War II POW experience

Houston E. Lowe's experiences have left an impact that resonates with his family; now daughter and UHCL alumna Tina Farrell shares her father's story, from humble beginnings through the 40 months of torture he endured. [Read Article](#)

CONTEST: Win a pair of tickets to John King concert

OPINIONS

COMMENTARY: Deciphering and navigating the online world of dating



Dating in the age of social media is complicated and that is coming from a Gen Zer. What happened to the times when writing love letters back and forth were a thing? [Read Article](#)

COLUMN: Why limit Christmas to one day when it can be all year?

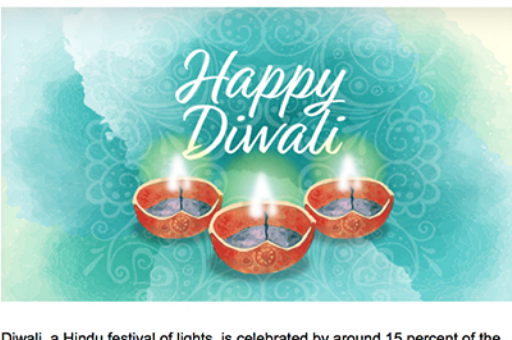
REVIEW: TUTS revisits 'The Wiz' 18 years later as part of 50th anniversary celebration

Oct. 23 - Nov. 4, Houston's Theatre Under the Stars dazzled audiences with "The Wiz." In 1975, "The Wiz" changed Broadway as it was one of the first major musicals to feature an all-black cast and, in 2018, the production was the second show in the 50th anniversary season. [Read Article](#)



MULTIMEDIA

INTERACTIVE INFOGRAPHIC: Traditions and significance of Diwali



Diwali, a Hindu festival of lights, is celebrated by around 15 percent of the world's population. This year, while Diwali falls on Nov. 7, the Indian Students Association will be holding their celebration Nov. 18 in Atrium II. [Interact with Graphic](#)

INFOGRAPHIC: Overview of diabetes in the United States

LIST: 10 trending places in the Clear Lake area to eat and drink

INFOGRAPHIC: Voting pledges reveal issues Hawks consider when voting

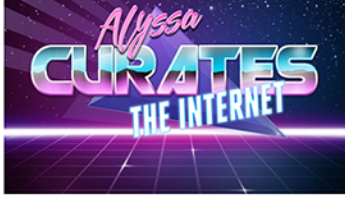
PODCASTS & BLOGS

UHCL international students discuss experience on and off campus



Episode includes interviews with two international students at UHCL who talk about their personal experiences on and off campus. [Listen Here](#)

Alyssa Curates the Internet: Music, midterms, memes and more



From Youtube to Reddit, here are some things across the internet that I found or recently rediscovered that are really freaking cool and interesting. [Read Blog](#)



YOUR VOICE

The Signal is putting together our 2018 list of the 10 Most Fascinating People of UHCL. This list will spotlight students, alumni, faculty, staff, administrators, student organizations, academic colleges and offices. To make nominations fill out the Google form below. Recommendations close Friday, Nov. 16 at 11:59 p.m.

[Read more](#)

Also, check out last year's list to see who was among the [10 Most Fascinating People of UHCL in 2017](#).